## When You Need Help Now

Whether you or a loved one is struggling with mental health or addiction, or is simply wanting to improve your overall health, let Signature Health's expert team help — with a treatment plan and support that is tailored to each patient's goals.

## **Getting Help, Made Easier**

The decision to improve your health is a huge step, and Signature Health makes it easy for you to get the care you need through:

Transportation

Help getting

Quick lab results

Same-day psych

evaluations for

urgent needs

help

- Walk-in hours for new patient assessments
- Evening appointments
- Virtual video appointments
- On-site pharmacies
  with prescription
  delivery

We provide a variety of services, so you can take care of both your mental health and physical health — all at the same place with approachable health care providers.

We are accepting new patients. To make an appointment, call **440-578-8200**.

To make a referral, call **440-578-8211** or visit our website for a faxable form.

## **Outpatient Care Locations**

#### Ashtabula

4726 Main Ave. Ashtabula, OH, 44004 (440) 992-8552

#### Reproductive and Sexual Health Services

510 W 44th St., Ste. 2 Ashtabula, OH 44004 (440) 992-5953

#### Beachwood

24200 Chagrin Blvd. Beachwood, OH, 44122 (216) 831-6466

#### Lakewood

14701 Detroit Ave., Ste. 620 Lakewood, OH, 44107 (216) 766-6080

## For hours of operation and services available by location, visit SignatureHealthInc.org

## **Residential Care Locations**

#### **Bridgeview Manor**

4428 Collins Blvd. Ashtabula, OH 44004 (440) 992-6600 **Coming soon**: a new treatment facility in Mentor and the relocation and reopening of ORCA House in Cleveland



FTCA DIsclaimer: This health care center receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain Health or Health-related claims, including malpractice claims, for itself and its covered individuals. Additionally, our facilities have Federal Tort Claims deemed status.

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#### **Maple Heights**

21100 Southgate Park Blvd. Maple Heights, OH, 44137 (216) 663-6100

#### Painesville

462 Chardon St. Painesville, OH, 44077 (440) 853-1501 Early 2022: Estimated move to 54 S. State St.

#### Willoughby

38882 Mentor Ave. Willoughby, OH, 44094 (440) 953-9999

# Accessible Care for Your Mental and Physical Health

Serving all ages with locations in Cuyahoga, Lake and Ashtabula counties





When you need help now.®

## Supporting Your Mental and Emotional Health

Now more than ever, working with a mental health professional could have a positive impact on your life and relationships.

Signature Health's caregivers listen nonjudgmentally and work with you to build a road map to where you want to be.

We offer comprehensive approaches — including medication therapy and talk therapy — to treat these behavioral health issues and many more:

- AnxietyDepression
- Addiction to drugs
  or alcohol

Obsessive

compulsive disorder

Trauma

(OCD)

- ADD or ADHD
- ADD or ADHD
- Bipolar disorder
- Schizophrenia
- Grief

## What to Expect

New patients go through an intake process. Anyone needing mental health and/or addiction recovery services first completes a 90-minute assessment appointment. This can be done in person or virtually to inform your treatment plan and care team.





# Determining Care That's Right for You

There are a variety of recovery approaches you can consider on your journey. Your treatment plan may include one or more of these services:

- **One-on-one** counseling (children and adults)
- Couples/marriage counseling
- Family counseling
- Group counseling
- Psychiatry (children and adults)
- Art therapy
- Anger management
- **EMDR** (Eye Movement Desensitization and Reprocessing) for treating PTSD or trauma
- **Case management**, to help navigate everyday life and make sure your basic needs are met (e.g. enough food, housing, clothing, etc.)
- Partial hospitalization programs (PHP)
- Intensive outpatient programs (IOP)
- Medication-Assisted Treatment (MAT) including SUBOXONE and VIVITROL
- Peer support

Many Signature Health patients have what's known as a dual diagnosis, meaning they receive treatment for both a mental health condition and substance use disorder (SUD).

## Visit us at SignatureHealthInc.org

## Medical Care for Your Physical Health and Wellness

Getting primary care through Signature Health means a focus on wellness, disease prevention and management, and vaccinations, as well as timely treatment of illnesses or injuries.

We offer specialized medical care in these areas:

- Family medicine
- Pediatric care
- Women's and reproductive health, including cancer screenings, family planning, prenatal care, and sexual health
- Infectious disease, including prevention, rapid screening and treatment of HIV, hepatitis, and sexually transmitted infections (STIs/STDs)

## A Care Team Built for You

Depending on your care plan, your team could include:

Pharmacist

provider

provider

• Primary care provider

Infectious disease

Women's health

- Counselor
- Psychiatrist
- Nurse practitioner
- Nurse
- Social worker
- Case manager

## **Paying for Care**

Signature Health cares for patients regardless of ability to pay. We accept Medicaid and Medicare insurance. Private insurance is accepted only in some cases when patients receive grant-supported family planning services.

For patients who are uninsured, we can help you determine eligibility for coverage. We offer a slidingfee scale for payment, which means your income level determines your cost for services.

