When You Need Help Now

Whether you or a loved one is struggling with mental health or addiction, or is simply wanting to improve your overall health, let Signature Health's expert team help — with a treatment plan and support that is tailored to each patient's goals.

Getting Help, Made Easier

The decision to improve your health is a huge step, and Signature Health makes it easy for you to get the care you need through:

- Walk-in hours for new patient assessments
- Evening appointments
- Virtual video appointments
- On-site pharmacies
 with prescription
 delivery

We provide a variety of services, so you can take care of both your mental health and physical health — all at the same place with approachable health care providers.

We are accepting new patients. To make an appointment, call **440-578-8200**.

To make a referral, call **440-578-8211** or visit our website for a faxable form.

Outpatient Care Locations

Maple Heights

(216) 663-6100

Painesville

54 S. State St.

(440) 853-1501

Willoughby

(440) 953-9999

38882 Mentor Ave.

Willoughby, OH, 44094

21100 Southgate Park Blvd.

Maple Heights, OH, 44137

Painesville, OH, 44077

Ashtabula

4726 Main Ave. Ashtabula, OH, 44004 (440) 992-8552

Sexual and Reproductive Health Services

510 W 44th St., Ste. 2 Ashtabula, OH, 44004 (440) 992-5953

Beachwood

24200 Chagrin Blvd. Beachwood, OH, 44122 (216) 831-6466

Lakewood

14701 Detroit Ave., Ste. 620 Lakewood, OH, 44107 (216) 766-6080

For hours of operation and services available by location, visit SignatureHealth.org

Residential Care Locations

Bridgeview Manor

4428 Collins Blvd. Ashtabula, OH, 44004 (440) 992-6600 **Coming soon**: a new treatment facility in Mentor and the relocation and reopening of ORCA House in Cleveland



FTCA Disclaimer: This health care center receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain Health or Health-related claims, including malpractice claims, for itself and its covered individuals. Additionally, our facilities have Federal Tort Claims deemed status.

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When you need help now[®]

Accessible Care for Your Mental and Physical Health

Serving all ages with locations in Cuyahoga, Lake and Ashtabula counties



Transportation help Help getting

insurance

- Ouick lab results
- An access program for urgent psychiatry needs

Supporting Your Mental and Emotional Health

Now more than ever, working with a mental health professional could have a positive impact on your life and relationships.

Signature Health's caregivers listen nonjudgmentally and work with you to build a road map to where you want to be.

We offer comprehensive approaches - including medication therapy and talk therapy - to treat these behavioral health issues and many more:

- Anxiety
- Addiction to drugs Depression
 - or alcohol Trauma
- ADD or ADHD
- Bipolar disorder
- Schizophrenia
- Grief

What to Expect

New patients go through an intake process. Anyone needing mental health and/or addiction recovery services first completes a 90-minute assessment appointment. This can be done in person or virtually to inform your treatment plan and care team.

A Care Team Built for You

Depending on your care plan, your team could include:

- Nurse practitioner
- Nurse
- Peer support specialist
- Addiction medicine provider



Determining Care That's Right for You

There are a variety of recovery approaches you can consider on your journey. Your treatment plan may include one or more of these services:

- **One-on-one** counseling (children and adults)
- Couples/marriage counseling
- Family counseling
- Group counseling
- **Psychiatry** (children and adults)
- Art therapy
- Anger management
- **EMDR** (Eye Movement Desensitization and Reprocessing) for treating PTSD or trauma
- **Case management**, to help navigate everyday life and make sure your basic needs are met (e.g. enough food, housing, clothing, etc.)
- Partial hospitalization programs (**PHP**)
- Intensive outpatient programs (IOP)
- Medication-Assisted Treatment (MAT) for opioid or alcohol use disorder
- Peer support

Many Signature Health patients have what's known as a dual diagnosis, meaning they receive treatment for both a mental health condition and substance use disorder (SUD).

Visit us at SignatureHealth.org

Medical Care for Your Physical Health and Wellness

Primary Care

Patients can receive primary care or infectious disease services without receiving behavioral health services. Our providers care for patients of all ages, from newborns to seniors:

- Annual well exams
- · Prevention/management of conditions like high blood pressure and diabetes
- Vaccinations and screenings
- Treatment of illnesses or injuries
- Sports physicals
- · Women's and reproductive health
- Sexual health

Infectious Disease

- · Education, screenings and treatment for hepatitis. HIV, and sexually transmitted infections (STIs)
- HIV prevention (PrEP and PEP)

Paying for Care

Signature Health primarily serves Medicaid, Medicare and uninsured patients, regardless of ability to pay. We offer a sliding fee scale program, which means the cost for services could be as low as \$0, \$5, \$10 or \$20, depending on household income and size. Our financial specialists also can help get eligible patients signed up for Medicaid coverage.

Private insurance is accepted only in some cases when patients receive grant-supported sexual and reproductive health services.



Case manager

• Primary care provider

Infectious disease

Women's health

Pharmacist

provider

provider

Obsessive

(OCD)

compulsive disorder

- Counselor
- Psychiatrist