

# RESILIENT

Signature Health | 2019 Annual Report







Jonathan's Letter

# 2019 RESILIENT

At Signature Health, our aim is to support better health and stronger communities. We believe that every person deserves a chance to succeed. And we understand that the potential to improve outcomes and change lives relies upon a solid foundation of education, creativity and innovative problem-solving. This past year we have made great strides to fulfill our three-year plan. These important efforts to reorganize and expand our service areas have also worked to solidly support Signature Health's 10-year strategic plan – supporting managed growth and sustainable change.

Our focus this past year reflects a service expansion that has moved beyond behavioral health and recovery in order to also care for the medical, physical, nutritional, educational and financial needs of the clients we serve. Impactful healthcare should take an individual, holistic approach. Good health cannot be taken for granted. Investing in better healthcare and human services programs is about putting our clients first. And when you invest in healthier people, you build stronger communities. That's why we are partnering with programs that support nutritional science, address personalized care and promote proactive wellness. In addition, we are working with community partners to offer medical and legal assistance in supporting clients who require specialized care and fair housing for their families.

Education is one of the most powerful tools with which we can equip people – both clients and staff. When a person is empowered through education, not only are they better able to improve their own circumstances, they are better able to improve the potential of their family and the community where they live and work. That's why we are moving forward with strategic partnerships supporting a comprehensive program of workforce development. Signature Health is establishing a training academy that will offer accredited education, scholarship opportunities and the opportunity for wage increases.

At Signature Health, we understand that when we are able to identify and address our clients' most pressing challenges, we are better able to take a personalized approach to care.

Jonathan Lee

Jonathan Lee President & CEO



"Good health cannot be taken for granted. Investing in better healthcare and human services programs is about putting our clients first."



# SIGNATURE HEALTH SERVICES

### Walk-In Services

At Signature Health, "waiting list" is not an option. Our Walk-In Services, located in all of our offices, are available every day. People requesting a Mental Health or Chemical Dependency Assessment, Counseling, Psychiatry, and Case Management can walk in and see an assessment counselor.

### **Outpatient Services**

#### CHILD, ADOLESCENT & ADULT

Our outpatient programs provide a range of psychiatric, counseling and case management services:

counseling

therapy (DBT)

• Group therapy

• Art therapy

• Lab services

program

Integrated medicine

• Opiate treatment

• Transportation

Pharmacy

• Dialectical behavioral

- Diagnostic assessments
- Psychiatry
- Partial hospitalization program (PHP)
- Mental health intensive outpatient program (IOP)
- Substance abuse intensive outpatient program (IOP)
- Case management, including intensive case management (CPST)
- Individual counseling

- Marriage & family
  - Eye movement desensitization
  - & reprocessing (EMDR)
  - Dual diagnosis groups
  - Walk-in services
  - Primary medical care
  - Sexual behavior treatment for abuse and addiction
  - Ryan White program
  - Infectious Disease Treatment
  - Telemedicine

### **Residential Services**

Bridgeview Manor, offering innovative treatment for adult males with either a mental health diagnosis or a dual diagnosis, is open to residents of any county in Ohio.

Paul's House, Signature Health's new residential facility for boys in Ashtabula, Ohio, houses boys ages 8 to 21. Child care workers will host group sessions with residents to serve behavioral health needs, and life skills training for boys age 15 and older, who could soon age out of the system and need to become independent.

### **MISSION STATEMENT:**

Signature Health puts good health within reach of all of our community members through comprehensive mental health, medical, and support services essential for optimizing the well-being of mind and body.



# COMMUNITY PROGRESS





Signature Health, Inc., is a community-based agency providing primary medical care and mental health and substance abuse services to adults, adolescents, children and families. We understand the mind-body connection and the importance of treating them both. We are dedicated to our staff and the communities that we serve. We make sure the services we offer our clients are of the highest quality and the best practices that can be offered. We have learned that we are still "small" at heart, and our large organization needs systems to support it. Through Walk-In assessments at all of our locations, we respond to our clients when they "Need Help Now." Our growth today positions us to compete in the present and well into the future.















# 2019 Service Awards

20 YEARS

Rochelle M. Elder Donna Ellison Judi O'Neil Caren Nowak

15 YEARS

Earnese Hill Lisa Slepsky Ann Sylvester



Christina Berardinelli David C. Brooks Maria Colon Donna Colucci Barbara De La Mata Rachel Fabian David Feldman Deborah Gurney Debra Martin James Nagle Gail Nevels Terese Notte Donna Schmittgen Elizabeth Skok Patty Smith Shelley Spain Johnnie Tate Curtis Q. Turner Kathryn Varga Rodio Myrtle Watson Jacquelyn D. Wells John Wilhelm Mary Wood

Kerri L. Barriball Jennifer J. Beale Darcia Boyd YEARS Tammie Cava Mary Beth Colini Brian P. Coller Christine M. Cook Greg Dellumo Brenda Dillane Rebecca Feick William Fikter Regina Griswold Kasondra Jones **Tiffany Jones** Anna I. Knoth Felicia D. Lee-Goodson Kathleen Lenarcic Cathleen M. McLaughlin Kosandra Miller Allison Mora Kristen M. Ostrow Sally Pepp Kristen R. Petrella Luis Ramirez Lisa Reed Lisa Rich Aleksandar Simic Jody Slain Amber N. Thomas Adella T. Wasserstein James Zatezalo Jr. Kristin K. Ziegler Alban



### 2019 HIGHLIGHTS

#### **On-Site Lab Services**

- Analyzed over 21,000 specimens
- Continued to expand courier services

### **Primary Care Highlights**

- 3575 unique patients served 17.5% increase over 2018
- 9576 unique patient visits 23.5% increase over 2018
- Added 2nd Behavioral Health Consultant -Painesville and Maple Hts
- Rolled out Nutrition Services with Maureen Jacobs, registered dietitian
- Vaccines for children (VFC) rolled out at all primary care sites and passed ODM certification
- Vaccine clinics at Lake County Back to School Bash
- Kindergarten vaccine clinics at Painesville City Schools Resource Center
- Increased flu vaccination rates by 93%
- Sports/Band physicals at Wickliffe Schools Resource Center
- Organized coordinated care with ORCA patients
- Roll out of HIV screening in Primary Care and prescribing PrEP

#### **ORCA House**

- Added on-site psychiatric services which enables clients to see a psychiatric provider within 7 days of their admission
- Admitted 390 clients in 2019 vs. 325 in 2018
- 17% increase in successful treatment completions
- Added Peer Support services to assist in providing additional support to clients during and after treatment
- Implemented a new evidence-based treatment program called "Living in Balance"

#### Wellness

- Gave 20 bicycles to patients to promote fun exercise
- Wellness groups' topics include: Yoga, Zumba, Garden Club, health education, indoor and outdoor walks, nutritional support, smoking cessation

### Training/Marketing

- Continued the Signature Health Training Series
- Expanded staff to include content writing and enhanced client experience
- Introduced a new website
- Continued community outreach
- Expanded internal communication



#### **Pharmacy Services**

- Filled over 220,000 scripts
- Expanded funding of indigent care
- Began dedicated clinical pharmacy time as part of the Infectious Disease Team, improving outcomes and better equipping patients for success

#### Signature Health Call Center

- Designed to ensure callers can access all services quickly, which supports Signature Health's Vision and Values
- Supported six Signature Health locations; answered over 24,000 calls since its start
- Dedicated to providing consistent, quality and efficient response to callers

### 2019 HIGHLIGHTS

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#### **Infectious Disease**

#### • HIV Prevention Program

The program launched June 2019 with the name Project Protect. The program provides free, walk-in rapid HIV and Hepatitis C testing in 6 locations. We also offer immediate linkage to care for those needing HIV prevention, screening for sexually transmitted infections, or HIV treatment at all 6 locations.

New community partnerships have been forged for provision of HIV and Hepatitis C screening and linkage to care in the community including: Connections Center in Ashtabula County, LGBT Center in Cuyahoga County, and Lake-Geauga Recovery Centers in Lake County. 214 unique testing and counseling sessions performed at SH locations and in the community from June 2019 through December 2019.

• Hepatitis C Care

Expanded services to 5 sites: Maple Hts., Lakewood, Painesville, Willoughby, and Ashtabula. 62 people have been treated for HCV since program initiation in July 2019.

Additionally, we have two FibroScan units, allowing complete bundled care and rapid initiation of HCV treatment in the community – we are the only community health center offering this in NE Ohio.

• HIV Care

Rapid growth of HIV clinical service with provision of HIV care at 6 clinical locations including Maple Hts., Lakewood, Painesville, Willoughby, Ashtabula, and Beachwood.

We also added embedded case managers at clinic visits and an additional RN care coordinator in 2019.

- Trunk or Treat
  - Continued crisis services for indigent patients

Ashtabula Office

• Expanded EMDR and trauma

• Continued crisis services for

Area Child Advocacy Center

• Expanded forensic services

children and their families

child abuse cases

• 96 forensic interviews

exams once a week

• Began seeing people on federal

• Continued to participate in the Ashtabula

Quick Response Team working with law

in high-risk substance abuse behavior

enforcement to assist residents engaged

• Received a VOCA grant for the Ashtabula

• Provided over 100 forensic interviews for

• Trunk or Treat attended by over 4,000 area

**Child Advocacy Center** 

• Received VOCA grant for another year

• In September we added forensic nursing

Family Drug Court

counseling services.

indigent patients

probation

• Continued to participate in Mental

Health Court, Recovery Court and

#### Willoughby Office

- Expanded walk-in hours for Counseling and Diagnostic Assessment
- Increased EMDR/ trauma counseling
- In conjunction with the Lake County ADAMHS Board, expanded Opiate Recovery Transition Program to cover Alcohol detox
- Continued participation in Lake County Trauma Team and Lake County Suicide Coalition
- Participated in the Lake County NAMI Walk
- Expanded Sexual Behavior Service by adding adult sexual services and implemented a new sexual education program related to sexting
- Implemented BASIS-24 for adults to track a patient's symptoms and progress in treatment
- Expanded Infectious Disease services which include walk-in services for HIV/Aids and Hepatitis C
- Expanded Primary Care services to include vaccinations



#### Bridgeview Manor

- Continued to improve the facility:
  - Front porch rebuilt
  - Entire exterior painted
  - Basement painted
  - Interior completely painted.
  - Installed air freshening systems to resident rooms.



#### **Painesville Office**

- Added additional exam room for a total of six
- Hired 2 Medical Assistants and a RN Supervisor to improve services
- Hired a Behavioral Health Consultant to provide brief targeted real-time interventions to address the psychological aspects of Primary Care
- Increased Infectious Disease services
- Same day HIV testing
- Added a Psychiatrist and a behavioral health nurse
- Expanded walk-in services for assessment, case management and counseling services
- Added Chemical Dependency groups
- Expanded anger management services
- Added a wellness nurse
- Implemented BASIS-24: an evidencebased self-report tool to track a patient's symptoms and progress in treatment
  - Installed new motion lights for security
  - Planted a resident herb garden
- Created and published a client-produced 2020 calendar
- Provided multiple group outings, including Round 1 game center, fishing trips, Captains Baseball, and performances at the Ashtabula Arts Center to name a few

## 2019 HIGHLIGHTS

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### Maple Heights Office

- Expanded capacity for EMDR and traumafocused counseling
- Initiated new groups including teen anger management, parenting groups, Boys' Council, and Girls' Circle
- Expanded the Sexual Awareness Program to include children and adolescents
- Added peer support services
- Added Behavioral Health Consultants in primary care to provide screening, brief interventions and improve access and linkage to behavioral health services
- Held annual client art show
- Continued using the BASIS-24 screening tool to gauge client progress in treatment and assess symptoms including self harm/ suicidality, depression, psychosis and other clinical measures
- Hosted NAMI and 12-step groups open to the community
- Participated in the Cuyahoga County NAMI Walk and the community outreach event Hope over Heroin and Convoy of Hope

#### Family Planning Association of Northeast Ohio

- Trained several staff members as HIV testers
- Trained an additional staff member to provide colposcopy services
- Provided services to over 5,000 patients for sexual & reproductive healthcare, family planning, colposcopy, and breast and cervical cancer prevention
- Sponsored the 11th Annual Dancing Under the Stars fundraiser earning over \$100,000

### Paul's House

- Hired 9 Youth Care Specialists
- Boys participated in Community service:
  - Community Clean up
  - Trunk or Treat
  - Christmas Parade
- Some activities:
  - Waldameer amusement park
  - Akron Zoo
  - Cleveland Monsters hockey game
  - Monster truck rally
  - Get Air Chalk Walk
  - Manners Christmas tree farm
- Boys attended the Purple Project with Northeast Ohio Youth Advisory Board, a national convention for kids in the foster care system
- Began preparing for CARF accreditation



#### **Beachwood Office**

- Added PHP (Partial Hospitalization) group
- Renewed the Federal Probation and Pre-Trial Grant
- Added Maintenance and Aftercare groups for Dual Diagnosis Clients
- Added a Wellness Nurse
- Expanded Primary Care Services
- Expanded security services to include panic buttons in all offices
- Participated in the Cuyahoga County NAMI Walk
- Continued the Jail and Hospital Liaison services to provide a continuum of care for clients leaving a jail or hospital



### Ryan White Program

- Continued to improve patient access to care via:
  - Starting Infectious Disease clinic at Lakewood office, thus linking more eligible patients to Ryan White
  - Expanding ID services by adding an additional provider
  - Collaborating with HIV Prevention program to link newly diagnosed patients to care quickly
  - Using the rideshare app to increase attendance at medical appointments
- Steadily increased number of patients enrolled in Ryan White program
- Provided Ryan White services to patients living in 5 counties, including Ashtabula, Lake, Geauga, Cuyahoga, and Lorain



### Lakewood Office

- Successfully moved into a new office
- Added 20 new staff members
- Expanded children's services to include a multi-disciplinary to provide medication management, counseling and case management
- Trained staff in Motivational Interviewing provided by Case Western Reserve's Center for Evidence-Based Practices
- Started a Medication Assisted Treatment (MAT) program
- Expanded EMDR/trauma-based counseling services
- Started a Day Treatment program
- Provided crisis intervention training for local police department
- Forensic team continued to participate in Mental Health Dockets at the federal, county and municipal courts
- Awarded federal grants to expand forensic programs
- Expanded the partnership with the LGBT Center by providing behavioral health groups

### ART SHOWCASE Work by Our Clients

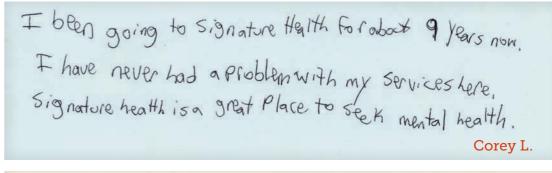




### 2019 SARAH SCHERER SCHOLARSHIP Mike Boyce

Mike Boyce is a passionate design, art therapy, and counseling student at Ursuline College. Mike uses both his work and personal time to advocate for social justice and equal rights. Striving to be an inspiration to younger generations who struggle with identity and exclusivity, Mike has published two children's books explaining homelessness and he also creates social justice videos. Signature Health is honored to welcome Mike as the 2019 Sarah Scherer Scholarship recipient, as he completes his final internship at our Maple Heights location later this year.

# CLIENT TESTIMONIALS



Ecame to Signature Health a broken man in Late 2015/Early 2016, The services I have receive at Signature, I have grown into a man I am proud of. I work at a local bbg resturant and proud of what I have become! Joshua R.

I come to Signature Health in need of a thirapist, and found so much more. My thirapist is the first one I've had who really Understands me, & got me into group therapy of that fit my Meeds. Amy K.

I CHME TO SIGNIATURE HEALTH OF OHIO ARNUND 3 YEARS AGD, ATTHOU PHP, FOP, INDEPENDANT CONSISCILLIG, SOCIAL SRILLS, ABT, I PM ABLE TO LEAVE MY HOUSE NOW, CAN ACTUALLY HOLD A CONVERSATION, AND SMILE ONICE IM AWHILE.

Rosita P.

# 2019 CLIENT PROFILE

Gender:	# of People	Percentage
Female	13,709	55.35%
Male	11,058	44.65%
Age:	# of People	Percentage
0-9	918	3.71%
10-13	1,387	5.60%
14-17	1,726	6.97%
18-24	2,614	10.55%
25-34	5,089	20.55%
35-44	4,371	17.65%
45-54	3,682	14.87%
55-64	3,343	13.50%
65+	1,615	6.52%
Unknown	21	0.08%

Race:	# of People	Percentage
American Indian or Alaska Native	62	0.25%
Asian	53	0.21%
Biracial	468	1.89%
Black or African American	7,593	30.67%
Caucasian/White	14,919	60.25%
Declined to Provide	50	0.20%
Hispanic	711	2.87%
Native Hawaiian or Pacific Islander	3	0.33%
Other Race	112	0.45%
Unknown	789	3.19%

Total Clients Served:

24,767

# 2019 FINANCIAL REPORT

Total Net Revenue	\$78,834,820
Expenses:	
Salaries & Benefits	\$47,196,420
Contracted Services	\$3,227,220
Pharmaceuticals	\$13,766,010
Occupancy	\$3,630,760
Other Expenses	\$6,786,370
Total Expenses	\$74,606,780
Change in Net Assets	\$4,228,040

Unaudited

# CONTRACTOR

The Commission on Accreditation of Rehabilitation Facilities (CARF) renewed our national accreditation until September 2020.

National Accreditation

### 2019 Contract Renewal

Received a grant from the Lake County ADAMHS Board to serve indigent clients, resulting in referrals of all types from many county agencies and a significant intake boost.

# SIGNATURE HEALTH LEADERSHIP

#### Signature Health Senior Management

Jonathan Lee Ann Mason **James Nagle** Jared Lucas Trish Krewson, Esq Shannon Majoras, Esq Libbie Stansifer, MD Farah Munir, DO Medical Todd Wagner, MD Medical Sarah Hoehnen, DO Medical Jaina Amin, MD William Fikter, MD Gretchen Gardner, MD Eileen McGee, MD Madhuri Medarametla, MD Jasdeep Sohi, MD **Dianne Rafferty, CNP** 

President & CEO Chief Operating Officer Chief Financial Officer Director of Information Technology Chief Human Resource Officer/ General Counsel Chief Compliance Officer/ General Counsel Chief Medical Officer Director-Psychiatry **Director-Primary Medicine** Director-Infectious Disease Associate Medical Director Associate Medical Director

#### Signature Health Board of Directors

Josephine Jones Paul Brickman Charles Strawbridge Stephanie Malbasa, Esq.

Paula Anzlovar Paul Fuller Georgia Brickman Giovanni DiLalla Kelly Farrell Heather Brissett Secretary Jennifer Sample Toine Frate Lawrence Smith Jr. Sandra Langenderfer

Chairwoman

Treasurer

Vice Chairman

Mark Castell

MH ASHTABULA COUNTY

Signature

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### Awards and Affiliations









Mental Health & Recovery Services Board





# LOCATIONS & HOURS



Ashtabula, Ohio 44004 440.992.8552

OFFICE HOURS Mon-Fri: 8am-5pm

#### 2 Willoughby (Main)

38882 Mentor Ave. Willoughby, Ohio 44094 440.953.9999

OFFICE HOURS Mon-Fri: 8am-5pm

#### **3** Maple Heights

21100 Southgate Park Blvd. Maple Heights, Ohio 44137 216.663.6100

OFFICE HOURS Mon-Fri: 8am-5pm

#### 4 Painesville

462 Chardon St. Painesville, Ohio 44077 440.853.1501

OFFICE HOURS Mon-Fri: 8am-5pm

#### **5** Lakewood

14071 Detroit Ave. Lakewood, Ohio 44107 216.766.6080

OFFICE HOURS Mon-Fri: 8a

8am-5pm

6 Beachwood

24200 Chagrin Blvd. Beachwood, Ohio 44122 216.831.6466

OFFICE HOURS Mon-Fri: 8am-5pm

#### 7 Family Planning

510 W. 44th St. #2 Ashtabula, Ohio 44004 440.992.5953

OFFICE HOURS Mon: 10:30am-7pm Tues-Fri: 8am-4:30pm

#### 8 Family Planning

54 S. State St. #203 Painesville, Ohio 44077 440.352.0608

OFFICE HOURS Mon & Thu 10:30am-7pm Tues, Wed, Fri: 8:30am-5pm **Bridgeview Manor** 4428 Collins Blvd.

4428 Collins Blvd. Ashtabula, Ohio 44004 440.992.6600

**Paul's House** 4134 Park Ave. Ashtabula, Ohio 44004 440.536.4545

SH / Orca House 1905 E. 89th St. Cleveland, Ohio 44106 216.231.3772





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